

COVID-19

PINK ALERTS

The attached PINK ALERTs are a practical guide to use if you have a positive case of COVID-19.

The PINK ALERTs do not replace a Pandemic Plan and are to be used in addition as step-by-step instruction for staff to organise their initial response in the event there is a positive case identified.

Organizations may choose to use parts of these guidelines and adjust to suit their individual Situations.

Tierra Health are offering these as practical stepped guides to assist the sector.

If you would like to speak to a Tierra Health Consultant about this, need assistance tailoring these for your own organisation or would like to assess your pandemic readiness including mock outbreak trials, please feel free to reach out to:

- **Lorraine Knight (Nurse Advisor) -0427 736 841**
- **Shanthi Mitchell- (Nurse Administrator)- 0417 475 036**

Disclaimer Statement

This resource has been prepared by the authors Tierra Health Pty Ltd and Carino Care Pty Ltd for Carino Care Pty Ltd.

Both parties make this resource freely available to the Australian Residential Aged Care industry as a reference guide.

Whilst due care has been taken in collecting, collating and interpreting Covid-19 Pandemic management information relevant to the Australian Residential Aged Care industry, some omissions may have occurred. This statement and opinions in this resource are given in good faith and in the belief that they are not false or misleading.

The authors, Tierra Health Pty Ltd and Carino Care Pty Ltd do not undertake responsibility in any way whatsoever to any person or organisation in respect of the resource, including any errors or omissions therein, arising through negligence or otherwise however caused. This resource is not the only guideline available to the Australian Residential Aged Care industry on Covid-19 Pandemic management, but has been tailored to include and consider situational factors that are particular to this industry/group.

It is incumbent upon others to make independent assessment and decision regarding the applicability and use of this material in any setting.

COVID-19

REGISTERED NURSE – PINK ALERT

Hour	Item	Action	Comment/ Signature
Immediate	Meet with Care Manager	<ol style="list-style-type: none"> 1. Review allocation of staffing 2. Collect portable phone and or spare RN mobile specifically for outbreak communications 3. CM to: <ul style="list-style-type: none"> ○ advise staff of roles and allocations as clean and Covid ○ location of Covid staff area ○ allocation of meal breaks ○ co-ordinate staff advising their own family they may be late and have been exposed 4. CM: 1 RN to be 'Covid' / Other RN clean <ul style="list-style-type: none"> ○ Both groups only use staff facilities designated for these teams so you do not mix with the general staff 5. Set up PPE station outside affected bedroom(s) 6. Covid RN to: <ul style="list-style-type: none"> ○ Don PPE and advise affected resident, provide resident with written information and what next week looks like ○ Confirm signage on doors and bunting to area ○ Place register of staff entry to room at the door with a pen ○ Confirm air-conditioning is set up ○ Confirm waste ○ Confirm smoke / fire doors closed ○ Ensure all residents are returned to bedrooms ○ Full set of observations on affected resident and decide if they need to go to hospital 7. Once steps 1-10 are completed then CM then to Notify GP, comms to family 8. Clean RN: move the following to the outbreak zone but do not enter <ul style="list-style-type: none"> ○ Required medical supplies to outbreak zone ○ Dressing trolley ○ Contenance pads ○ Medication trolley and Medications ○ Spare cans of Glen 20 	

COVID-19

Immediate	Resident health monitoring	<ul style="list-style-type: none"> - Take full set of observation and do daily during outbreak - Commence fluid and food intake monitoring of all residents in outbreak zone 	
Immediate	ACD	Check all ACD	
Immediate	Hospital Transfer	CM – pre-populate hospital transfer form for all residents in outbreak zone	
Immediate	PPE / IC	Monitor staff practice at all times	

Item	Action
Documentation	Daily Progress notes for each affected resident including: <ul style="list-style-type: none"> • Observations • Symptom progression • Isolation confirmation • GP/Medical updates
Care Plan and assessment	Full update of the following assessments and CP: <ul style="list-style-type: none"> • Infection • Nutrition and hydration • Skin and repositioning • Family case conference • ACD
Monitoring of entry to affected Resident rooms	<ul style="list-style-type: none"> • Register of entry to the rooms of affected residents • Oversight of staff who are allocated to the affected residents (ensuring they do not mix with other staff on breaks etc) • Oversight of any medical practitioners or others entering the rooms • Oversight of PPE stations • Oversight of clinical waste removal in the room